



# KEIRA CAHALAN #7

Class of 2022

P, 1B

Bat: R, Throw: R

School: Vanden HS

Hometown: Vacaville, CA

Birthdate: 5/17/2004

Height/Weight: 5'9"/130

Phone: (707)724-3473

Email: Keiracahalan2022@gmail.com



Shuttle Time	20 Yd Dash	Overhand Velocity	Exit Speed	Grip Strength
5.1	3.05	65	62	R:63 L:58

## Coach Contact Information

Head/Pitching Coach: Rachel Quintero

Email: gameday.quintero@gmail.com

Phone: (707) 592-1598

## Academic Awards/Achievements

GPA: 4.2

NCAA Clearinghouse #: 2009913919

Excellence of Character Award  
Honor Roll

## Athletic Awards/Achievements

2019 Varsity Softball as a Freshman  
2020 Varsity Softball

Highschool Stats Spring 2021  
Pitching: 34 Strikeouts, 16 Innings  
ERA: 1.28 BAA: .161  
Hitting: BA: .379, 8 RBI's

Varsity starting 1B/P  
Honorable Mention for MEL All League

Travel Stats Spring 2021  
Pitching: 58 Strikeouts, 41 Innings  
ERA: 1.6, BAA: .188  
Hitting: BA: .333, 12 RBI's

Travel Stats Fall 2020  
Pitching: 49 Strikeouts, 40 Innings  
Hitting: BA: .450, 12 RBI's, 5 Stolen Bases

## Community Service/Volunteer Activities

Serving at a Women's Shelter

## Personal Statement

My name is Keira Cahalan. I'm from Vacaville California. I graduate in 2022 from Vanden High School. I play pitcher and first base. I am interested in playing college softball because I want to challenge myself and play with girls that will make me the best possible version of myself. I always strive to be the best I can be and even though I'm quiet and reserved, I continue to work hard on the field.